

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Herreman Kurt

Coaches: Horré Milan

Coaches: Vansteenkiste Xavier HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 51: 200M BREASTSTROKE MEN 15-16							Heat:2, starttime: 09:03	
Heat: 2/2 Lane : 2 Athlete: TACQ NATHAN							Q-time: 02:35:34	
PB (25m pool): 02:35.34 Brugge 04/10/2026				PB (50m pool): 02:40.72SB: 02:35.34 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.02		01:14.59		01:55.27		02:35.34
	00:35.02		00:39.57		00:40.68		00:40.07	
								

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:2, starttime: 09:20
Heat: 2/9 Lane : 6 Athlete: VANHEE TIBE				Q-time: 01:33:87	
PB (25m pool): 01:33.87 Ieper 04/01/2026			PB (50m pool): 01:33.09SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.65		01:33.87	
	00:42.65		00:51.22		
					

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:7, starttime: 09:30
Heat: 7/9 Lane : 1 Athlete: GOEMAERE CYRIEL				Q-time: 01:20:45	
PB (25m pool): 01:20.45 Ettelbruck 19/04/2026			PB (50m pool): 01:26.04SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.83		01:20.45	
	00:36.83		00:43.62		
					

Coach feedback:

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Event number: 59: 100M FREESTYLE MEN 11-12					Heat:5, starttime: 10:42
Heat: 5/10 Lane : 7 Athlete: VANHEE TIBE					Q-time: 01:10:28
PB (25m pool): 01:11.96 Brugge 04/10/2026					PB (50m pool): 01:10.28 SB: 01:11.96 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.17		01:11.96	
	00:34.17		00:37.79		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:7, starttime: 10:45
Heat: 7/10 Lane : 4 Athlete: GOEMAERE CYRIEL					Q-time: 01:07:68
PB (25m pool): 01:07.68 Brugge 04/10/2026					PB (50m pool): 01:08.68 SB: 01:07.68 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.23		01:07.68	
	00:32.23		00:35.45		
					

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14					Heat:5, starttime: 11:24			
Heat: 5/5 Lane : 5 Athlete: VANSTEENKISTE VICTOR					Q-time: 02:10:42			
PB (25m pool): 02:10.28 Aachen 11/10/2026					PB (50m pool): 02:14.46 SB: 02:10.28 Aachen 11/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.41		01:03.80		01:37.17		02:10.28
	00:30.41		00:33.39		00:33.37		00:33.11	
								

Coach feedback:

Event number: 61: 200M BACKSTROKE MEN 13-14					Heat:5, starttime: 11:24			
Heat: 5/5 Lane : 6 Athlete: COENE TIELE					Q-time: 02:24:70			
PB (25m pool): 02:24.70 Brugge 04/10/2026					PB (50m pool): 02:28.11 SB: 02:24.70 Brugge 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.44		01:10.20		01:47.97		02:24.70
	00:33.44		00:36.76		00:37.77		00:36.73	
								

Coach feedback:

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Event number: 62: 200M BACKSTROKE WOMEN 13-14							Heat:4, starttime: 11:39	
Heat: 4/5 Lane : 3 Athlete: LAGACIE AXELLE							Q-time: 02:33:06	
PB (25m pool): 02:33.06 Brugge 04/10/2026				PB (50m pool): 02:37.22 SB: 02:33.06 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.76		01:14.72		01:54.54		02:33.06
	00:35.76		00:38.96		00:39.82		00:38.52	
								

Coach feedback:

Event number: 63: 100M MEDLEY MEN 15-16										Heat:3, starttime: 11:49	
Heat: 3/4 Lane : 5 Athlete: PATTYN LOWIE									Q-time: 01:00:91		
PB (25m pool): 01:00.91 Brugge 04/10/2026					PB (50m pool): no time SB: 01:00.91 Brugge 04/10/2026						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:28.08				01:00.91				
	00:28.08				00:32.83						
											

Coach feedback: